Sigmoidoscopy / Hemorrhoid Energy Therapy Preparation

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Patient Name: _____ Date of Procedure: _____

Arrival Time: _____ Procedure Time: _____

O **Lohman Endoscopy Center** at: 4381 E. Lohman Ave, STE A
Las Cruces, NM 88011
575-522-3220

O **Memorial Medical Center** at: 2450 S. Telshor BLVD
Las Cruces, NM 88011
575-522-8641

Rescheduling Procedure

Please notify our office at (575-522-7697) at least 2 days prior to your appointment if you need to reschedule in order to avoid a potential $50.00 fee. Though we understand emergencies come up and some circumstances are unavoidable, we often have a waiting list for patients and this allows us to move patients up sooner when able.

Important Reminders

* You **must** have someone to drive you home after the procedure if you have sedation during the procedure.
* You **cannot** drive for the rest of the day following your procedure if you have sedation during the procedure.
* Remove **all** nail polish on either pointing finger in order to allow monitoring of oxygen status during the procedure.
* Wear comfortable, easily removed clothing.
* Day of procedure, you need to bring your current **Insurance Card**, **List of Medications**, **this form** and your **co-pay**.
* Please follow all instructions carefully and finish **all** of the preparation. Only a well-prepared colon will allow us to find all potential abnormalities, improve safety of the procedure and prevent the potential need to repeat the procedure.

Preparing for your Sigmoidoscopy or Hemorrhoid Energy Therapy procedure

Medications	Diet
Please follow the instructions provided by your doctor at the time of your office visit. If you have questions on specific directions related to your medications, please call (575) 522-7697 for assistance.	<u>Day of the procedure:</u> • You may have liquids, but **NO SOLID FOOD**, for breakfast the morning of the procedure. • You may **not** have anything colored red, orange or purple for breakfast. • Coffee and tea are acceptable.

Laxative and Bowel Preparation Instructions	
Day before the procedure	• Take two (2) Dulcolax (bisacodyl) tablets (purchased over the counter at any pharmacy) at 3:00 PM the afternoon prior to your procedure.
Day of the procedure	• Use two (2) FLEET ENEMAS (purchased over the counter at any pharmacy) at home, 15 minutes apart, starting two (2) hours before you leave for your appointment.